

Enforce the rules, but stay a cool Mom
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Face it—a “cool mom” is probably an oxymoron. Cool, to a kid, usually means someone who is fun, witty, playful and ‘with it’. And, someone who does not make a child get dressed on time, finish teeth, face and hair before breakfast, bring their book bag in from the car, complete their homework, take a shower, brush their teeth again, and get to bed on time. Nope, nada, it’s not going to happen! It’s great when your children are well-liked by others and frequently have kids spending the night or over for dinner, but there does come a time when even the circus takes a break and everyone engages in a well-deserved breather! That means that you have every right to reserve family time for yourself and the kids, meals without visitors, and bedtimes without a hoard of kids sacking out on the couch and living room floor. And, trust me; your child is *definitely* not the only kid whose mom sets some limits. Why do you think the neighborhood practically lives at your home as it is? Well, it just may have something to do with the other moms and dads having had their fill of critters drinking milk straight from the carton and eating the ice cream right from the box. So, don’t worry about being cool—focus on what works for your family, what rules and regs you need to set up, and the structure that helps make your household work for you!